Week's Action!



Team, Time & Place Friday & Sat. Rice/Columbus Tennis Tournament Feb. 27 & 28 .. Matches at both schools

SPORTS -

Lady Raiders close out basketball season

The Lady Raiders played their last quickly as they raced out to a 21-9 first ily quit, but they've came back from game of the year at home against quarter lead. Hallettsville. Hallettsville got started

The Raiders were led by Godley

Also scoring for the Raiders were Rice

The Raider coaches would like to Rice

with 15 points and Gertson and Pip-

The loss dropped the Raiders to hard this year.

throughout the year.

18

The Lady Raiders could have eas-

SCORE BY QUARTERS

21

deficits all year long. The second quarter started with

the Lady Raiders responding to the challenge, going on a 19-11 run to close the gap to 32-28 by halftime.

Halftime was a little longer due to Parent's Night. "It was a very exciting time for the parents and the players,' commented their coach.

And, they would like to thank the The third quarter was a stalemate with both teams scoring eight points. By this time, the Lady Raiders were in foul trouble with several key players.

The game's final quarter was very exciting, with both teams playing very emotional. "Our girls showed tremendous heart in battling back time and time again, they really put on a good performance for the parents," said their coach.

The Lady Raiders got the score to 53-50 with two minutes left. By that time, a post player and both point guards had already fouled out.

The Ladies just did not have enough to overcome Hallettsville in the end.

However, the Lady Raiders basketball program has a bright future

with all the guards coming back.

The Lady Raiders closed out the

year by dropping the decision to Hallettsville, 61-50; bringing their record to 4-21 and 0-10 in district.

Scoring for the Lady Raiders were Amy Obenhaus with 15 points; Erica Dunmore, 12; Briana Bedford, Monique Cotton and Rochelle Teague, six each; Chazara Scott, three; and Angela Phillips, two points.

The guards and forwards coming back are Bedford, a junior; Dunmore, freshman; Phillips, sophomore; Cotton and Teague, both juniors.

All of the guards and forwards are good ball handlers and capable of scoring 10 points a game. If they work on their game during the summer, the rewards could be endless for several of

'The three seniors, Obenhaus, Scott and Natesha Glover who finished the year, were good leaders in many ways. There's not anyway to measure leadership. It's one of the things that you don't understand until it is gone," said their coach.

Jennifer Christ is the only true post player coming back next year. Jennifer will be coming off knee surgery and will be a very important component of the team next season.

Raider varsity splits season-ending games

climb out of it at the end and stumble

Leading the way for the Raiders 10 seconds left. were Josh Godley with 31 points and

gel and Clint Gertson, five each.

Leopards but were able to come back got the rebound and victory. at the end and win the game.

Late in the game, though, the gra-third place in district with Bellville at parents and fans who supported them

back in and take the lead, 79-77 with

The Raiders had a chance to ice the game with two free throws - but they Also contributing were Eric missed the first and were called for a Brooks, eight; Johnson, six; and Scott, La G Johnson, nine; Warren Scott, seven; lane violation on the second to keep five.

La Grange went for the win but thank all the players who worked so Bell. The Raiders sleep-walked through came up just short on a last-second two and one-half quarters against the three-point attempt and the Raiders

The Raiders ended their 1997-98 Through most of the game, the basketball season with a disappoint-Raiders turned the ball over, missed ing 68-60 defeat at the hands of the

East Bernard sets 11th **Annual Chili Cook-off**

The East Bernard Fair Fund Inc. and/or dropped off at Vincik's off on Saturday, March 7, at Riverside East Bernard. Hall Pavilion in East Bernard.

Entries are being sought for the March 6. chili, cornbread and beans categories. Entry fee for chili is \$15, cornbread \$10 and \$10 for beans.

There will also be an auction beginning at 1 p.m. and drawing winners announced after the cook-off. East Bernard 4-H Clubs will sponsor game booths during the event.

man, P.O. Box 636, Lissie, TX 77454; the same time.

will host its 11th Annual Chili Cook- Smokehouse or E.B. Meat Center in

Deadline for entries is Friday,

Turkey poults must be ordered

Turkey orders due for County Fair exhibitors

By C. Jack Hunter, Colorado County Extension Agent

Individuals planning to exhibit sion Office on or before March 6. turkeys at the 1998 Colorado County Each exhibitor must purchase a Fair are reminded that all poults must minimum of 15 poults at a cost of To enter event, contact Gail Guth- be of the same variety and ordered at \$3.10 each and they must be paid for at the time ordered.

Entry forms may also be picked up through the Colorado County Exten- April 15 from 3 to 4:30 p.m. at the County Extension Office.

> Livestock Show are John Glueck, 409-732-5249; and Richard Glueck,

There have been some general rule changes for the 1998 Colorado Show keys, broilers or rabbits. that will affect turkey exhibitors:

1. No exhibitor will be allowed to

has sold a project in any other youth livestock show and sale in Colorado County within the same calendar year.

2. Completion and submission of a record book will be mandatory for all Turkey poults are to be picked up exhibitors of junior market animals and commercial heifers.

3. The check out time for all proj-Chairpersons for the turkey diviects will be from 8 to 10 a.m. on sion of the Colorado County Fair Sunday, Sept. 13, 1998. A signed release from your department chairperson will be required to remove animals from the show grounds.

4. There will be no resale on tur-

For more information contact the show at the Colorado County Fair in County Extension Office at 409-732the Junior market division or the 2082 or one of the chairpersons of the commercial heifer division if he/she turkey division.

kins with 13 each.

On Tuesday, Feb. 16, the Raiders numerous easy opportunities to allow dug themselves a hole but were able to their hosts to keep a 6-9 point cushion. 18-11 on the season and into a tie for to a 79-77 defeat of the La Grange cious Leopards allowed Rice to slip 4-6.

Kenny Pipkins with 16.

Jamarcus Brooks, six; and Pete Ran- the margin at two.

easy shots and gave the Leopards Bellville Brahmas on Friday, Feb. 20.

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SENATOR ARMBRISTER'S PAST ACCOMPLISHMENTS

✓ Graduate of Sam Houston State University

✓ Police Officer. Worked his way up from patrol officer to the rank of Captain

✓ Graduate of the FBI National Academy

✓Director of the Victoria Police Academy

✓ Criminal Justice instructor at Victoria College and the University of Houston-Victoria

√Vice-President of the VISD Board of Trustees

✓ Served two terms in the Texas House of Representatives

✓President Pro-Tem of the Texas Senate

✓Ken is currently the Chairman of the Senate State Affairs Committee

KEN'S PROUDEST ACCOMPLISHMENT

Southwest Texas State University (where he met his wife Holly), and works as a teacher

and football coach. Their daughter Erin is a recent graduate of Southwest Texas, and is

pursuing a career in advertising. The Armbristers are members of Holy Family Catholic

Married to the former Susie Sembera of La Salle. Their son Shane is a graduate of

BY DAY OR

WEEK:

Compressor

Air Nailer

Gas Pressure Washer

Paint Sprayer

Lawnmowers

Tillers

Chainsaws

APPLIANCES

TELEVISIONS

VCRs

SORIES

What is a Nurse Practitioner

Nurse practitioners (NPs) are primary health care providers. As ad- ited to ordering, conducting and intervanced practice nurses, they provide preting appropriate diagnostic and nursing and medical services to indi- laboratory tests, prescription of pharviduals, families and groups, empha- macologic agents and treatments and sizing health promotion and disease nonpharmoacologic therapies. prevention, as well as the diagnosis and management of acute and chronic viduals, families and groups are a diseases.

Services include, but are not lim-

Teaching and counseling indimajor part of nurse practitioners' ac-Nurse practitioners work autono-

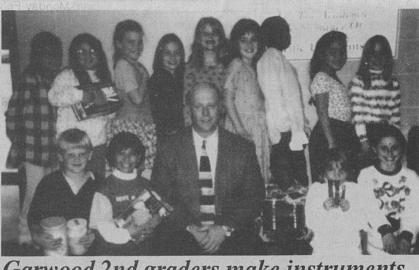
mously as well as collaboratively with a variety of individuals to diagn and manage clients' health care prob-The autonomous nature of ad-

vanced clinical practice of nurse practitioners requires accountability for outcomes in health care. Insuring the highest quality of care requires certification, periodic peer

review, clinical outcome evaluations, a code for ethical practice, evidence of continuing professional development and maintenance of clinical skills. Though there are professional guidelines set forth for educational preparation for clinical competency to

rected continued learning is emphasized. As leaders in primary health care, nurse practitioners combine the roles of provider, mentor, educator, re-

(See Nurse, Page 10)



Garwood 2nd graders make instrumen

Recently, Mrs. Dromgoole's second grade class made instruments, with each student choosing from bongo drums, pan pipes or a string instrument. As a birthday surprise, they took their instruments and marbecome a nurse practitioner, self-diched down to the office to sing "Happy Birthday" to Mr. Lanier. They also sang a Groundhog Day song.

Pictured standing are, Daniela Telez, Amber Duque, Jessy Besch, April Pagel, Megan Bartlett, Kourtney Korenek, Brizek Fry, Marisol Tapia, and Hillary Johnson. Sitting are Adam Shimek, Eunice Hernandez, Mr. searcher and administrator. Members Lanier, Travis Jallow, Kacie Smith and Shelly Walker. Mr. Lanier was of the profession are responsible for very pleased with the second graders and thanked them all.

Garwood School Photo

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Different Estrogens Available for ERT

The National Osteoporosis Foundation and other groups recommend estrogen replacement therapy (ERT) as the treatment of choice for preventing osteoporosis (thinning of bone) in postmenopausal women, provided there are no prohibiting circumstances (contraindications) and that women agree to such therapy. In addition, estrogen with or without progesterone (another female hormone) has also been shown to be effective in preventing hot flashes and vaginal dryness, problems that often occur during menopause. There are many different types and forms of estrogen products available for ERT:

- Oral tablets: The oral estrogens include estradiol (Estrace), conjugated estrogen (Premarin), esterified estogens (Estratab and Menest), estropipate (Ogen) and quinestrol (Estrovis).
- Skin patches (transdermal): Commercially available products contain estradiol (Estraderm, Climera, and Vivelle). • Injections: Estrogens available for injection include estradiol, estrone,
- and conjugated estrogen. • Vaginal forms: Vaginal estrogen replacement products include a number of creams such as estradiol (Estrace), conjugated estrogen (Premarin), estropipate (Ogen) and dienestrol (Ortho Dienestrol). A vaginal insert

containing estradiol (Estring) also is available.

Cerny roping in Houston

Clay Cerny, local roping phenomenon, is putting his skills to the test at the Houston Livestock Show & Rodeo this year.

According to his mom, Clay took part in the competition Feb. 21 and will be in the arena again Feb. 28 and March 3.

We send our good luck wishes and hope he shows all those other cowboys how it's done!

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"I am committed to representing the people of rural Texas, and I would be proud to serve the voters for another term in the Texas Senate. I ask for your vote and support in the Texas Democratic primary."

-Ken Armbrister

Please Vote in the March 10th Democratic primary. Early Voting Continues Until March 6th.

Paid for by Ken Armbrister Campaign, PO Box 5017 Victoria, TX 77903